

15<sup>th</sup> Annual  
**SISTER BLISTER**  
5K run & 2 Mile Beach Walk

Benefits The Save Wildwood Catholic H. S. Fund

**SUNDAY, JULY 3<sup>rd</sup>, 2011 STONE HARBOR, NJ**

START & FINISH @ 80<sup>TH</sup> ST. RECREATION FIELD

5K @ 8:00 AM      2 MILE BEACH WALK @ 8:05 AM

REGISTRATION: Number pick-up/late registration 2:00 PM - 5:00 PM

@ 280 37<sup>th</sup> St., Avalon, NJ -Sat., July 2<sup>nd</sup> ONLY-

Race Day 6:30 AM - 7:45 AM @ Start/Finish

Entry fee is \$15.00 by 6/29/11      \$20.00 6/30/11 - 7/03/11

>> 3 RACE SPECIAL - enter The Turtle Trot & The Sister Blister THEN  
receive a discounted entry into the Stone Harbor Lions 10K/5K in August. <<

Tank Top T-Shirts to first 400 registered

Awards [5k ONLY/No Duplications-Must be present to receive]

Cash to 1<sup>st</sup> 3 overall and 1<sup>st</sup> Master (Male & Female)

Age Group awards to top 3 M & F:      14 & under      15-18      19-24      25-29  
30-34      35-39      40-44      45-49      50-54      55-59      60-64      65-69      70 +

**Lifeguard Competition: 5 members, 3 to score, top two teams receive awards  
individual entries plus \$25.00**

**TO ENTER:**

Checks payable to: Save WC, Inc.

Mail to:

**SISTER BLISTER 5K**

280 37<sup>th</sup> St., Avalon, NJ 08202

**RACE INFO: Phone [609] 967-8082**

**EMAIL: run2win280@comcast.net**

>>RACE DAY PARKING AVAILABLE AT STONE HARBOR BAY FRONT PARKING LOT<<

>>81<sup>st</sup> St. & BAY FRONT, 3/10 of 1 Mile FROM REGISTRATION<<

-----application may be photocopied-----detach here to mail-----

PLEASE, CHECK ONE      [ ] 5K      [ ] WALK

Name \_\_\_\_\_ M[ ] F[ ] Age on race day \_\_\_\_\_

Please - Print CLEARLY

Permanent mailing address (if you want one next year) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Contact Phone \_\_\_\_\_ Shirt Size M L XL (sorry, no small available)

WAIVER. READ CAREFULLY AND SIGN, IN CONSIDERATION OF YOUR ACCEPTANCE OF THIS ENTRY, I HEREBY, FOR MYSELF, MY HEIRS, MY EXECUTORS AND ADMINISTRATORS, WAIVE ANY RIGHTS & CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE SPONSORS, COORDINATING GROUPS & INDIVIDUALS ASSOCIATED WITH THE EVENT, THEIR REPRESENTATIVES, SUCCESSORS & ASSIGNS & WILL HOLD THEM HARMLESS FROM ANY INJURY SUFFERED IN THIS EVENT. ALSO NONE OF THE ABOVE ARE RESPONSIBLE FOR THE LOSS OF PERSONAL ITEMS NOR ANY OTHER FORM OF AGGRAVATION IN CONNECTION WITH SAID EVENT. I HAVE BEEN WARNED THAT I MUST BE IN GOOD HEALTH TO PARTICIPATE IN THIS EVENT. I ALSO GIVE PERMISSION FOR FREE USE OF MY NAME & PICTURE IN ANY BROADCAST, TELECAST OR PRINT MEDIA COVERAGE OF THIS EVENT.

Signature \_\_\_\_\_ Parent/guardian if under 18 \_\_\_\_\_